

UNIVERSITY OF NEBRASKA HIGH SCHOOL

Career Planning

CPLH003058 Credits: 0.5 units / 5 hours

Course Description

This course is designed to provide students with hands-on experience in researching careers, making short-term, middle-term, and long-term goals, identifying job opportunities, applying for jobs, and conducting successful interviews. Students will have an opportunity to build a personal portfolio, and they will also learn about workplace relations and personal money management. Students can assess their skills, interests, values, aptitudes, and personalities to determine individual career possibilities.

Graded Assessments

4 Unit Evaluations; 4 Projects; 2 Proctored Progress Tests

Course Objectives

When you have completed this course, you should be able to:

- 1. Describe the four different types of economic systems.
- 2. Explain how supply and demand control a market economy.
- 3. Distinguish between a job, an occupation, and a career.
- 4. Summarize the Sixteen Career Clusters.
- 5. Evaluate your own aptitudes, abilities, values, and interests.
- 6. Plan short-term and long-term goals for yourself.
- 7. Use print and online resources to research careers.
- 8. Identify several career choices that may be right for you.
- 9. Apply the Decision-Making Process when considering careers.
- 10. Create a personal program of study to prepare you for a career.
- 11. Make feasible, realistic plans to pay for any training or education your career may require.
- 12. Understand the job search process.
- 13. Write an effective, well-organized résumé.
- 14. Make a good impression on an employer at a job interview.
- 15. Act appropriately in a workplace situation.
- 16. Learn a new job and adapt to a new work environment.
- 17. Be a productive member of a team.
- 18. Plan and live within a financial budget.
- 19. Compare different ways to save and invest for your future.
- 20. Develop a positive online reputation.

Course Outline

Unit 1: The World of Work
Lesson 1: What is Work?
Lesson 2: Assessing Yourself
Lesson 3: Career Paths
Unit 1 Evaluation
Project 1

Unit 2: Beginning Your Career

Lesson 4: Choosing a Career Lesson 5: Looking for a Job Lesson 6: Job Interviews Unit 2 Evaluation Project 2 Progress Test 1

Unit 3: succeeding at Work

Lesson 7: What Employers Want Lesson 8: What Happens at Work Lesson 9: Teamwork and Problem-Solving Unit 3 Evaluation Project 3

Unit 4: Real-Life Skills

Lesson 10: Managing Your Money Lesson 11: Credit, Banking, and Investing Lesson 12: Digital Citizenship Unit 4 Evaluation Project 4 Progress Test 2

Required Textbook

(available through Follett virtual bookstore at http://highschool.nebraska.bkstr.com)

Textbook: **School to Career, 11th Ed.** Litrell, Lorenz, and Smith. Goodheart-Wilcox Publishers. ISBN 9781631266157.

Career Planning CPLH003058 (Print course) is the print version of the online course content and is **optional** for this course.