

Psychology

SSTH007059

Credits: 0.5 units / 5 hours | NCAA Approved

Course Description

This introduction to psychology covers a broad range of topics, including learning processes, the development of personality, mental and emotional problems, the psychology of group behavior and social attitudes. Studying these topics helps students develop an awareness and an understanding of the many forces that influence their behavior.

Graded Assessments

6 Unit Evaluations, 3 Projects, 3 Proctored Progress Tests, 6 Teacher Connect Activities

Course Objectives

When you have completed the materials in this course, you should be able to:

1. Summarize the development of psychology during the last one hundred years.
2. Identify the most well-known psychologists and note their contributions.
3. Explain why psychology is a science.
4. Understand the different perspectives of psychology.
5. Describe how each psychological perspective attempts to explain behavior.
6. Explain the process of neurotransmission and the functioning of the central nervous system.
7. Describe the impact of biological processes on thought and cognition.
8. Provide examples of classical and operant conditioning.
9. Discuss the theories used to explain how memory functions.
10. Compare theories about cognitive and psychosocial development.
11. Discuss the ways in which social groups and social situations affect individual thought and behavior.
12. Identify the categories of psychological disorders.
13. Explain how psychological disorders are classified and diagnosed.
14. Evaluate explanations for psychological disorders.

Course Outline

Unit 1: The History and Science of Psychology

Teacher Connect Activity 1

Lesson 1: The History and Scope of Psychology

Lesson 2: Research Strategies

Unit 1 Evaluation
Project 1

Unit 2: The Biology of Mind

Lesson 3: Neural and Hormonal Systems
Lesson 4: The Brain
Unit 2 Evaluation
Teacher Connect Activity 2
Progress Test 1

Unit 3: Learning

Lesson 5: Classical Conditioning
Lesson 6: Operant Conditioning
Unit 3 Evaluation
Teacher Connect Activity 3
Project 2

Unit 4: Memory

Lesson 7: Information Processing
Lesson 8: Forgetting, Memory Construction, and Improving Memory
Unit 4 Evaluation
Teacher Connect Activity 4
Progress Test 2

Unit 5: Social Psychology

Lesson 9: Social Thinking
Lesson 10: Social Relations
Unit 5 Evaluation
Teacher Connect Activity 5
Project 3

Unit 6: Psychological Disorders

Lesson 11: Basic Concepts in Psychological Disorders
Lesson 12: A Closer Look at Disorders
Unit 6 Evaluation
Teacher Connect Activity 6
Progress Test 3

Required Textbook

(available through Follett virtual bookstore at <http://highschool.nebraska.bkstr.com>)

Textbook: *Exploring Psychology, Tenth Edition*. David G. Myers and Nathan C. DeWall. New York: Worth Publishers, 2016. ISBN Number 9781464154072